Bless, O Lord, this food to our use and us to your service, for Jesus’ sake. Amen.

For these and all his mercies, may God’s holy name be blessed and praised; through Jesus Christ our Lord. Amen.

Give us grateful hearts, our Father, for all your mercies, and make us mindful of the needs of others; through Jesus Christ our Lord. Amen.

For what we are about to receive, O Lord, make us truly thankful. Amen.

Be present at our table, Lord; Be here and everywhere adored.

We thank you, Lord, for happy hearts, For rain and sunny weather. We thank you, Lord, for this our food, And that we are together.

We thank Thee, Father, for Thy care And for Thy bounty everywhere, For food and every other gift, Our grateful hearts to Thee we lift. Amen

Lord, Bless this bunch, while we munch our lunch. Amen

Johnny Appleseed
Oh the Lord is good to me And so I thank the Lord For giving me the things I need The sun and the rain and the apple seed The Lord is good to me.

God is great,God is good, and we thank him for this food.

For food and all your gifts of love We give you thanks and praise Look down, O Father, from above And bless us all our days. Amen.

Praise God from whom all blessings flow; Praise him, all creatures here below; Praise him above, ye heavenly host; Praise Father, Son, and Holy Ghost.

God our Father - sung to the tune of Frere Jaques
God our Father (echo – God our Father) We give thanks (echo – we give thanks) For our many blessings (echo – for our many blessings) Amen (echo – Amen)

God our Father - sung to the tune of Frere Jaques
God our Father (echo – God our Father) Once again (echo –once again) Now we ask your blessing (echo –now we ask your blessing) Amen (echo – Amen)

God is so good (sung)
God is so good, God is so good, God is so good, He’s so good to me.

Bless us, O Lord, and these thy gifts which we are about to receive, from thy bounty, through Christ our Lord. Amen

Tick Tock
Tick Tock goes the clock Now it’s time to pray Thank you for the world so sweet Thank you for the food we eat Thank you for the birds that sing Thank you God for everything! Amen

Addams Family – sung to the tune of the Addams family TV show
Da, da, ta, dum (click, click) Da, da, ta, dum (click, click) Da, da, ta, dum Da, da, ta, dum (click, click) Da, da, ta, dum Da, da, ta, dum (click, click) Da, da, ta, dum Da, da, ta, dum (click, click)

For the sunshine through the pine trees, For the hills and sky so blue For the joy of our endeavors For the prize of friendships true Father we thank you! Amen

Morning grace
Father, we thank Thee for the night And for the pleasant morning light, For rest and food and loving care, And all that makes the world so fair. Help us to do the things we should To be to others kind and good, In all we do at work and play To grow more loving every day.
Psalm 103, verse 1
Bless the Lord, O my soul,
And all that is within me, bless his holy Name.
Amen.

Morning grace
Now the day commences, let us make a prayer,
Thanking God for all His gifts so rare.
Thank Him for the flowers, singing birds, and trees,
And the wondrous light that shines on land and seas.
Amen

Sung to “Zipadee doo dah” tune
Zipadee doo dah, Zipadee ay,
I am grateful for God's blessings today.
I've plenty to eat, to drink and to share,
I sit at God's table with friends everywhere.

Sung to Edelweiss tune
Bless this place, bless this food,
Come oh Lord and sit with us.
May our hearts grow in peace.
Come with love and surround us.
Friendship and love may they bloom and grow,
Bloom and grow forever.
Bless our homes, bless our friends,
Bless God's children forever.

Add your own:

Gail M. Jackins, Family Formation Coordinator
St. Cuthbert Episcopal Church
17020 West Rd., Houston, TX 77095
281.463.7330
www.stcuthbert.org

Grace at Meals

For you and your family
From St. Cuthbert Church