

●Bless, O Lord, this food to our use and us to your service, for Jesus' sake. Amen.

●For these and all his mercies, may God's holy name be blessed and praised; through Jesus Christ our Lord. Amen

●Give us grateful hearts, our Father, for all your mercies, and make us mindful of the needs of others; through Jesus Christ our Lord. Amen.

●For what we are about to receive, O Lord, make us truly thankful. Amen

●Be present at our table, Lord;
Be here and everywhere adored.

●God, we thank you for this food,
For rest and home and all things good;
For wind and rain and sun above,
But most of all for those we love.

●We thank you, Lord, for happy hearts,
For rain and sunny weather.
We thank you, Lord, for this our food,
And that we are together.

●We thank Thee, Father, for Thy care
And for Thy bounty everywhere,
For food and every other gift,
Our grateful hearts to Thee we lift. Amen

●Lord, Bless this bunch, while we munch our lunch. Amen

●Johnny Appleseed
Oh the Lord is good to me
And so I thank the Lord
For giving me the things I need
The sun and the rain and the apple seed
The Lord is good to me.

●God is great,
God is good,
and we thank him for this food.

●For food and all your gifts of love
We give you thanks and praise
Look down, O Father, from above
And bless us all our days.
Amen.

●Praise God from whom all blessings flow;
Praise him, all creatures here below;
Praise him above, ye heavenly host;
Praise Father, Son, and Holy Ghost.

●God our Father - *sung to the tune of Frere Jaques*
God our Father (echo – God our Father)
We give thanks (echo – we give thanks)
For our many blessings
(echo – for our many blessings)
Amen (echo – Amen)

●God our Father - *sung to the tune of Frere Jaques*
God our Father (echo – God our Father)
Once again (echo –once again)
Now we ask your blessing
(echo –now we ask your blessing)
Amen (echo – Amen)

●God is so good (*sung*)
God is so good,
God is so good,
God is so good,
He's so good to me.

●Bless us, O Lord, and these thy gifts which we are about to receive, from thy bounty, through Christ our Lord.
Amen

●Tick Tock
Tick Tock goes the clock
Now it's time to pray
Thank you for the world so sweet
Thank you for the food we eat
Thank you for the birds that sing
Thank you God for everything!
Amen

●Addams Family – sung to the tune of the Addams family TV show
Da, da, ta, dum (click, click)
Da, da, ta, dum (click, click)
Da, da, ta, dum
Da, da, ta, dum
Da, da, ta, dum (click, click)
We thank the Lord for giving,
The food we need for living,
And now we ask his blessing
Because it's time to eat.
Da, da, ta, dum (click, click)
Da, da, ta, dum (click, click)
Da, da, ta, dum
Da, da, ta, dum
Da, da, ta, dum (click, click)

●For the sunshine through the pine trees,
For the hills and sky so blue
For the joy of our endeavors
For the prize of friendships true
Father we thank you!
Amen

●Morning grace
Father, we thank Thee for the night
And for the pleasant morning light,
For rest and food and loving care,
And all that makes the world so fair.
Help us to do the things we should
To be to others kind and good,
In all we do at work and play
To grow more loving every day.

●Psalm 103, verse 1

Bless the Lord, O my soul,
And all that is within me, bless his holy Name.
Amen.

●Morning grace

Now the day commences, let us make a prayer,
Thanking God for all His gifts so rare.
Thank Him for the flowers, singing birds, and
trees,
And the wondrous light that shines on land and
seas.
Amen

●Sung to “Zipadee doo dah” tune

Zipadee doo dah, Zipadee ay,
I am grateful for God's blessings today.
I've plenty to eat, to drink and to share,
I sit at God's table with friends everywhere.

●Sung to Edelweiss tune

Bless this place, bless this food,
Come oh Lord and sit with us.
May our hearts grow in peace.
Come with love and surround us.
Friendship and love may they bloom and grow,
Bloom and grow forever.
Bless our homes, bless our friends,
Bless God's children forever.



Add your own:



Gail M. Jackins, Family Formation Coordinator
St. Cuthbert Episcopal Church
17020 West Rd., Houston, TX 77095
281.463.7330
www.stcuthbert.org

Grace at Meals



For you and your family
From St. Cuthbert Church