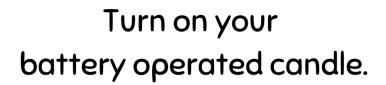
Tracing Prayer

Light a candle

With your finger,
slowly trace the outline of the cross.
Pray: "Jesus is with me."
Say it as many times as you'd like, letting the words bring you near to God.



Never use a real candle and matches unless you are with an adult!!

Jesus said,
"I am the light of the world"
and that we are
"light of the world," too!

(see John 8:12 & Matthew 5:14)

Take a deep breath, look at the light, and remember God is with you.

