Prayers for the Journey

CARRYING CHRISTMAS WITH US

Created by Rachel Doboney Benton

A NOTE OF INVITATION

These daily prayers begin on Christmas Eve (Dec 24), walk us through the 12 days of Christmas, and end on Epiphany (Jan 6).

If you will be home for the holidays, we invite you to place the prayer cards in a visible spot in your home, such as a kitchen table, for daily access. Or, if you will be traveling, plan to tuck them in your suitcase or in your car so that you can carry Christmas with you wherever you go. May God's presence be near as we celebrate Christ's birth and the gift of the incarnation.

CHRISTMAS EVE

Jesus, you are joy to the world.

With you, we find welcome for all. With you, we see God's presence in each other.

With you, we experience a love that is bigger than we can imagine.

Praise be to God.

AMEN.

CHRISTMAS DAY

Jesus, you are God with us.

Thank you for being beside us, around us,

with us,

and for us.

With you, we are never alone.

DECEMBER 26

Jesus, you are love.

You are love in the world.

You are love in us.

You are love itself.

Your love matters

more than anything else.

Help us to be a part of your love today.

AMEN.

DECEMBER 27

Jesus, you are good news.

You are good news to people who are sick. You are good news to people who are sad. You are good news to people who don't have enough.

You are good news to us.

Help us to be good news of hope and peace and joy, too.

AMEN.

DECEMBER 28

Jesus, you hold us in our tears and hurt.

As you wrap your arms around us, help us to wrap our arms around others so that we all may know your great big love.

AMEN.

DECEMBER 29

Take a deep, cleansing breath, then inhale and exhale as you pray these words (silently or aloud) until they rest in your heart.

[INHALE]

The way of love,

[EXHALE]

is with us.

DECEMBER 30

Jesus, you remind us God's grace is full of surprises.

You come to earth not as a powerful king, but as a baby.

Not in a palace, but a stable.

Not with signs of power and might, but with gentleness and love.

Help us to live in surprising ways like

AMEN.

DECEMBER 31

Jesus, you become one with us

So that we might become one with God.
Help us to follow you with all that WE are
So that we might embody all that YOU are to the world.

AMEN.



that, too.

Take a deep, cleansing breath, then inhale and exhale as you pray these words (silently or aloud) until they rest in your heart.

[INHALE]

Jesus makes,

[EXHALE]

all things new.

AMEN.

JANUARY 2

Jesus, you take what seems ordinary and make it holy.

Help us to see your goodness and blessing everywhere we look.

JANUARY 3

Jesus, you have many names.

We call you Emmanuel, Prince of
Peace, Lord, Good Shepherd, Son of God,
Messiah, and more!
They are all great names,
but sometimes, you are just too
wonderful for words.
So, for today, simply know, I am so
thankful that You are You.

AMEN.

JANUARY 4

Take a deep, cleansing breath, then inhale and exhale as you pray these words (silently or aloud) until they rest in your heart.

[INHALE]

Good Shepherd,

[EXHALE]

Prince of Peace.

AMEN.

JANUARY 5

Jesus, you open our imaginations to what is possible.

Help us to look
for the best in one another.
Help us to see each other
with wonder and thankful hearts.

AMEN.

EPIPHANY

Jesus, you are light.

Light that guides us and helps us to know the way.
Light that encourages us and gives us hope.
Help us to shine your light in the world, too.